



American Legion Steven H Nipp Post 143 Newsletter

September 2026

For all things Post-related, visit us at www.pfp143.org

General Membership
(6:30 pm) & Auxiliary
(5:30 pm) Meeting
dates:

September 21

October 19

SAL (6:30 pm):

September 28

October 26

North ID Women
Veterans - (6:00 pm)

September 16

October 21

Office Hours:

Mon-Fri 10:00 am-3:00 pm

Phone: (208) 773-9054

Commander's Corner

As we move toward Fall, activity at Post 143 continues to be fast-paced and high-energy.

From August 3 to 5, National Commander Dan Wiley visited Idaho and our Post—the largest and most active in the state. Commander Wiley and his aide spent three days touring our facilities, learning about our programs, and seeing firsthand how we operate. Our kitchen produced an amazing luncheon for over 60 people to welcome him, and I want to extend a sincere thank you to our Kitchen Manager, Monique Weeks and her staff for putting this together. This event was another example of the professionalism and commitment to excellence at Steven H. Nipp Post 143.

Following his visit, Commander Wiley headed to Wisconsin to complete his 50-state tour of American Legion Posts nationwide. Upon his departure, he shared that our Post is truly special and checks all the boxes for what a Post can and should be. He is right; Post 143 is special in so many ways.

We continue to lead the way in our state and region with activities for both veterans and the Post Falls community. Thank you all for volunteering and stepping up to enhance our mission.

For God and Country,

Tim Shaw
Commander



Current Activities:

Join the group of Veterans who gather each Wednesday morning from 8:00-10:00 at the Post for free coffee, donuts, and camaraderie or Thursdays 11:00am-1:00pm for no-host coffee and visiting.

The Post has partnered with a company headquartered in Payette, Idaho called Cornerstone to better identify and gain needed assistance for our veterans (plus they're the ones with the grant money). Along with the 2-Hr Motivational Training, Cornerstone had their mobile clinic at the Post on August 20th which enabled vets to make personal contact with them.

Also, watch the website to sign up for a more extensive suicide prevention training on October 22nd from 10:00am-4:00pm in the Banquet Room.

Upcoming Events

Be-The-One Suicide Prevention Training:

If you haven't attended this training, you're highly encouraged to do so. **YOU** may be the one to save someone from making a horrible mistake...if only you would have recognized the signs. Don't be **SORRY**....sign up via the website at www.pfp143.org.

Upcoming Training dates are: **September 16th, 1:00-3:00 pm; October 6th, 6:00-8:00 pm; November 3rd, 6:00-8:00 pm and December 15th, 6:00-8:00 pm**----all at the Post.

I-Strive

Be-the-One, Reboot Trauma Recovery, and now something called I-Strive? Confused?? Help follows... Be-The-One training gives you the tools to identify someone in crisis that may be contemplating suicide. REBOOT Trauma Recovery is a 12-week program that assists people in confronting traumatic experiences that often go unspoken whether it's from childhood, their time in the military or something else and teaches them tools to help overcome those traumas.

I-Strive (Idaho Suicide Transformation & Recovery for Integrated Veteran Engagement) is your support team if you're feeling stressed out about your (fill in the blank) situation, feeling isolated, having thoughts of suicide or just feeling stuck. It's for veterans who don't feel ready, eligible, or comfortable navigating the VA system...but that DOES NOT mean you should go without support. Get Mental Health and Suicide Prevention Support. Connect to Local, Non-VA-Services Right Now. Navigate VA Enrollment and Benefits. Talk to Someone Who Understands Military Culture Without Treating You Like a Number. If you'd like to talk to someone here at the Post, contact Dan Sweet at (208) 500-9636.

A Virtual 2-Hr Motivational Interview Training is being held (or was held depending on when you're reading this) on August 31st for all Post officers, kitchen staff, bartenders and managers along with Be-The-One Committee members and others. This training is for anyone who is continually in contact with our members and providing assistance to them. Stay tuned for more information on how you can sign up for this training at a later date.



Reboot Class 26-02 Graduates

Congratulations to Frank Emahiser, Matt and Pam Vincent, Colleen Stillabower, Randy Bohach, Michael Douglass and Amy Pirozok for completing the 12-Week Reboot Trauma Recovery Class. Also shown Facilitators Eric Pirozok and Vic Parrish; Hostess Traci Parrish (and Amy)



Lounge Fundraiser

Time is of the essence!! Get signed up TODAY for **Bingo & Dinner Saturday, September 12th - 5:00 pm in the Banquet Room** – Cost is \$25 per person which includes dinner (baked potato bar) and six bingo cards. Additional cards extra. The evening will also include some really nice prizes and a raffle. Don't miss out! Purchase tickets in the lounge, in the office, or on the web at www.pfp143.org. We need to know you're coming in order to have enough food. If you're reading this after September 12th, you missed out...we had a great time!

Idaho Veterans Home Fall Festival – September 12th from 12:30 – 3:00. This is a busy day! Fall Festival in the afternoon....Bingo at the Post in the evening.

Business Partner of the Month: Shaylee Morlan Insurance/Country Financial

Shaylee Morlan is a local Country Financial Insurance agent in Post Falls who is there to help you safeguard your family and your assets---whether summer finds you out on the lake or planning your next big purchase. She handles Insurance for your Auto...car, motorcycle, boat, recreational vehicles; for your Property...home, condo, renters, landlord; and for your business needs. She can also help you with Life Goals and savings through investments and planning. Learn more about Shaylee at <https://agents.countryfinancial.com/usa/id/post-falls/shaylee-morlan>. We encourage our members to support the businesses that support us whenever possible so if you're in need of Shaylee's services, please make an appointment to visit with her by calling (208) 889-6054.



Did you Know?

Paul Mitchell The School located at 410 W Neider Avenue Ste B in CDA offers **free haircuts and shaves ALL YEAR ROUND** to Veterans, Active Duty Servicemembers and First Responders? Call (208) 901-8030 or reach out on their website at <http://paulmitchell.edu/coeurdalene>

Calling all Ladies!

Would you be interested in attending an **ALL LADIES 12-Week Reboot Trauma Recovery Course**? If so, call or text Traci Parrish at (509) 531-2845.

Topics covered include:
 Breaking my Default Response to Trauma;
 Understanding the Spiritual Wounds of Trauma; Finding Safety; Managing Big Emotions; Grieving Well; Overcoming Guilt, Shame & Regret;
 Restoring my Identity; Forgiving Myself & Others; Finding Stability; and Moving Forward After REBOOT.

Food for Thought:

The Bible says in Psalm 147:3 – He heals the brokenhearted and bandages their wounds.

Meet Our Membership Director – Jackie Pierson

When you have a combined membership of over 1,000 (Legionnaires plus Sons of the American Legion) at your Post and they renew their memberships every year (primarily over a 2-month period of time), you had better have a top-notch Membership person. And boy-oh-boy do we!!!

Jackie Pierson came to us through a contract with the National Easter Seals-Goodwill Program (Thank You, Eric Pirozok) which provides a stipend for individuals 55 and over looking to either enter the workforce for the first time or for retraining after an extended absence. Jackie is a retired CPA who took time off to care for her terminally ill husband, Ronnie. This program has allowed her to improve and update her computer skills (including AI) and also provides a way for her to network. During her time here, there have been major changes...think “automation”...in how we process member payments internally and how we submit payments to the State of Idaho American Legion. Our preferred method of accepting payments is now through our website www.pfp143.org. But we also accept payment through the mail or in the office as usual. Besides processing renewals, Jackie also checks the service and eligibility for all new applicants. Once joined, she guides them through the benefits of belonging to the American Legion and Post 143 specifically.



Now let's meet Jackie. She moved here 3 years ago to live near her best friend of 54 years (her “bonus sister” if you will). She loves living in a community that shares her values, devotion to country, and love of the outdoors. Her husband Ronnie was a Mountaineer/Rock Climber and Expert Rigger who began and ran his own Steeplejack business for 40 years. He was a Vietnam Veteran and served in the Army 82nd Airborne. She has many other family members who were in the military and she belongs to our Auxiliary. She has 2 daughters, 2 step-daughters, 1 granddaughter and 4 step-grandchildren. Jackie is very proud to have personally helped to restore a 7,600 sq ft patriotic mural painted by her high school in 1976. The “Bicentennial Freedom Mural” is the largest of its kind in the nation. It is worth taking a look at on Facebook! Oh! And she loves to quilt. She would like to one day quilt with the Quilts of Honor group...but our members love coming in to see her so much she has not yet found the time. She is a gem and we are very lucky to have her!!!